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A pre-experimental study to assess the effectiveness of plan teaching program on knowledge regarding prevention of sexual abuse among the adolescent girl (age 12-15 year) in selected school of Puliyangudi.

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ABSTRACT

Adolescent a life full of hopes. The adolescents is Eger to interact with new experience to find out the relationship to examine the inner strength and explore the strength of inner ability. Sexual abuse is the biggest kept secret in India due to societal denial, ignorance and silence owing to the discomfort generated out of acknowledgment. Sexual abuse also referred to as molestation is the forcing of undesired sexual behavior by one person upon another. When that is immediate of short duration or infrequent. It is called as 'sexual assault'. In this study the pre experimental one group pre test post test research design is used and non probability convenience sampling is used for selection of sample, the sample are adolescent girl of selected school of Puliyangudi between the age group of 12-15 year of age which is 100 in number. Structured knowledge questionnaire is used to collect the data. The level of knowledge score regarding sexual abuse is (35%) poor, (68%) average 0% good in pre test score and in post test score is 0% poor, 58% average 42% good. Hence majority of respondent had average knowledge in pre test score. After pre-test and post-test assessment of the level of knowledge, the significant difference between the pre and post-test score was demonstrated by using "t" test and it was found that $t= 39.1439$. The significant difference between (P) is found between pre-test and post test. After planned program there was an increase in the knowledge of the respondent who are exposing to the planned teaching programme, the knowledge score of the students was improved. Hence the planned teaching programme was effective.

Keywords— Assess, Plan teaching program, Knowledge, Sexual abuse, Adolescent

1. INTRODUCTION

Adolescent age is critical time to inspire and empower the girl in the pivotal year. But when conflict displace adolescent's girl from their home, family and school they face heightened risk of exploitation, sexual abuse and early pregnancy. Their education often disturbed and many are forced to early marriage. Yet with the right skill and resource, adloscents girl transform themselves, their family, their community and their society. In the world, India ha largest number of children 375 billion, covering 40% of population, out of which 69% of India girl are victim of physical, emotional and sexual abuse. New Delhi the capital of nation has an abuse rate over83% more than 70% cases are unreported or unshared even with family member knew about it. The sexual abuse is more common before 18 year of age.

2. OBJECTIVES

- To assess the existing knowledge of adolescent girl on prevention of sexual abuse.
- To determine the effectiveness planned teaching program among the adolescent girl (age 12-15 year) regarding prevention of sexual abuse.
- To find out the association between post test knowledge score with their selected demographic variable.

3. METHODOLOGY

- Research Design:** Pre experimental research designs are chosen to assess the knowledge of adolescent girl regarding sexual abuse.
- Setting of Study:** The study was conducted in selected school of Puliyangudi. Because most of girl come from different place of Puliyangudi.
- Population:** The study population consist 100 adolescent girls between 12-15 year of age.
- Sample:** The girls whose having age between 12-15 year. In selected school of Puliyangudi.

(e) **Sample Size:** The Sample size consist 100 adolescent girls between 12-15 year of age.

(f) **Inclusion criteria:**

- Adolescent girl with an age group 12-15 year.
- Adolescent girl who are available at the time of data collection in selected school. In the data collection.
- Adolescent girl who are willing to participate.

(g) **Exclusion Criteria:**

- Adolescent girl who are not read to participate.
- Adolescent girl who are mot amiable at the time of data collection.

(h) **Sampling Technique:**

Non probability convenience sampling is used.

(i) **Development and Description of Tool:**

The tool is used for the study consist two part

Part I: Socio demographic tool

Part II: Structured questionnaire

Overall finding shows there is significance association between knowledge of sexual abuse in adolescent girl.

(j) **Data Analysis and Interpretation:**

Table 1: Level of knowledge pre test and post test knowledge score regarding sexual abuse among the adolescent

Level of knowledge	Pretest knowledge score		Posttest knowledge score	
	Frequency	%	Frequency	%
Poor (Below 10)	38	38%	0	00%
Average (11-20)	62	62%	58	58%
Good (Above 20)	0	00%	42	42%

This table showing the frequency of percentage of pre and post test knowledge score regarding child abuse.

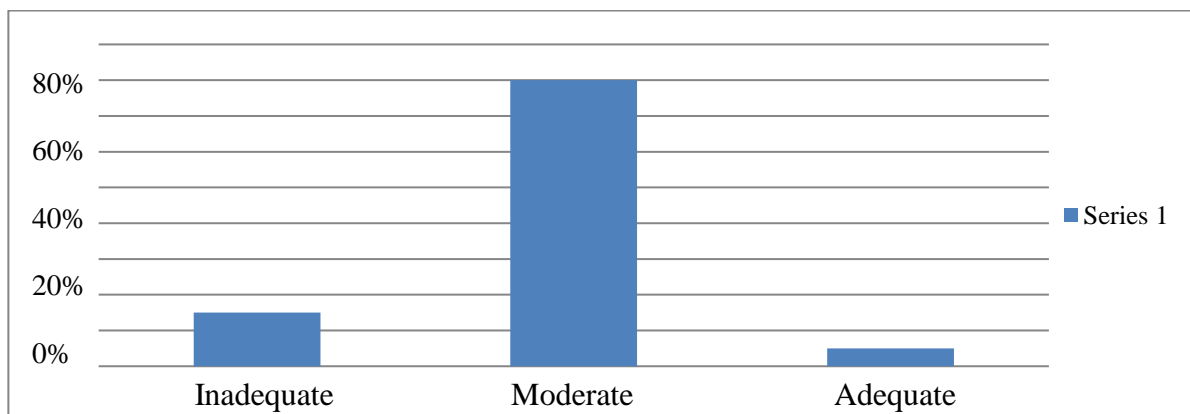


Fig. 1: Level of knowledge regarding sexual abuse among the adolescent's girls

Above bar diagram shows the score related to sexual abuse among adolescent girl.

4. RESULT AND DISCUSSION

The level of knowledge score regarding sexual abuse among the adolescent's girl is different after pre test and post test. But after planned teaching program there was increase in the knowledge of girls regarding sexual abuse .the major finding of study are highest % of knowledge is among the girls who is more then (11-20)year 58% which is enrage and more then (20) year which is 42% (Good).0% was poor below 10 year of age.

5. CONCLUSION

The study proves that was no significant association between demographic variable and the knowledge. the level of knowledge regarding sexual abuse among the adolescent's girls are different with age. The finding of study concludes the highest percentage of knowledge in between the age group (11-20year) that is 58%, and good percentage of knowledge in between the (more than 20 year) which is 42%, or poor knowledge is below 10 year of age which is 0%.

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