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Multiverse Theories and Predictions

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ABSTRACT

This thorough review explores multiple present-day multiverse theories along with their special theoretical underpinnings and different empirical predictions, in addition to multiple potential implications for basic physics. We assess how well Boltzmann, Quantum, and M-theory frameworks, which are multiple multiverse models, explain cosmological fine-tuning, vacuum state dynamics, and quantum decoherence. The paper combines several recent improvements in observational cosmology, high-energy particle physics, and quantum gravity. This combination is done to evaluate the evidentiary support for multiverse hypotheses. Possible observational signs and the methodological issues involved in assessing theories about areas beyond immediate empirical access are given consideration.

Keywords: Multiverse, Cosmic Inflation, Quantum Mechanics, String Theory, M-Theory, Boltzmann Brains, Vacuum Decay, Fine-Tuning, Cosmological Constants, Observational Constraints

SETTING THE CONTEXT

Why does it matter? How is it acutely relevant, especially when thoroughly considering the long-term implications?

The multiverse hypothesis has deep implications for how we understand fundamental physics and cosmology. This theoretical framework, upon sufficient empirical validation, including indirect validation, would substantially transform our conception of universal evolution and potentially resolve a number of persistent problems in theoretical physics. Offering a selection mechanism for physical constants that addresses the cosmological fine-tuning problem, the multiverse model does so in addition to not using anthropic reasoning. It also gives frameworks that explain quantum measurement problems through how decoherence mechanisms function over dimensional boundaries.

Multiverse theories substantially help humanity in the search for life beyond Earth by establishing multiple theoretical boundaries for locating habitable locations and techniques for inter-universe travel via higher dimensions or quantum tunneling. Quantum computation's multiverse-inspired algorithms could use parallel processing across quantum states, so practical applications go beyond theory, and string theory variants suggest higher-dimensional geometries that could help create novel materials with unmatched properties, which is relevant to materials science.

So far, what progress has been made on these theories?

Specific cosmic microwave background (CMB) polarization signatures, shown by a few computational simulations of bubble universe collisions, are new improvements in multiverse theory development. Inflation models which last for a long time go along with the strict limits on inflation parameters that precise cosmological observations set, especially those from the Planck satellite. Theoretical improvement in non-perturbative approaches to quantum gravity has yielded consistent mathematical frameworks describing transitions between different vacuum states. Quantum information theorists also developed models that can be tested. Experiments that keep quantum coherence on large scales can be done to distinguish standard decoherence from possible multiverse interactions using these models.

What does this review paper intend to do?

Imagine a different Earth, quite similar to our own world, a peaceful place where people actually live. The multiverse theory digs into such a thing. William James coined the term in 1985; in addition, the multiverse theory believes that parallel universes exist. Multiverses are observable by an astronomer to a maximum distance of 42 billion light years. The multiverse, though hidden, can reveal many theories and create some new ones. ⁶

Conceivably, we exist in a multiverse that continually inflates, with nature's observable "constants" varying by location. ⁴

Quite a few of the hypotheses are not verifiable by modern science; some need data that is currently unavailable as well as machines that have yet to be invented. Sometimes, a theory might not be feasible if the cost is too high, regardless of its truth. For example, the Large Hadron Collider shows that this process may take years. For their prediction of the Higgs Boson, Peter Higgs and Francois Englert were deservedly awarded the 2013 Nobel Prize in Physics, and the entire scientific world wholeheartedly basked in their glory. The idea's originator passed away prior to the idea's realization and, therefore did not witness its completion. It is there now. It earnestly hopes to prove theories genuinely, just as it convincingly proved the Higgs boson. The Future Circular Collider (FCC) and the International Linear Collider (ILC), which are several next-generation large-scale machines, greatly seek to broaden particle physics frontiers by exploring more Higgs bosons, searching for more dark matter, and probing further new physics beyond the Standard Model. The universe's beginnings will be carefully studied by experiments involving the Cosmic Microwave Background (CMB). Neutrino masses are also to be studied since these projects try to understand the neutrino mass mechanism, explore extra dimensions, and test theories such as Supersymmetry.

With higher energies and greater precision, these attempts could offer evidence for grand unification, directly probe the inflationary period through primordial gravitational wave detection, and reshape our understanding of the cosmos. ²

Davies³ observes that observations always require a set location to occur, although this can be nearly impossible to achieve. Life could exist in those multiverses. It could, however, be fundamentally different from us. The heat could be more or less. Boltzmann's model universe is explained by Davies³, as string theory offers large support for it.

The movie teaches many true scientific facts, as well as the basics. Interstellar skillfully uses several difficult scientific ideas, like the five dimensions theory and how wormholes move through space-time. It also depicts how gravity affects both time and the multiverse.

Alternatively, the quantum multiverse stems from quantum mechanics, producing an infinite quantity of branching universes defined through each conceivable outcome, even though it is largely theoretical and difficult to observe ⁷.

The Boltzmann model offers a specific thermodynamic viewpoint regarding multiverse theory, claiming that many universes might possibly emerge as statistical fluctuations within a huge equilibrium state. Since this model considers ordered systems that have conscious observers, and also because it does not require thorough inflationary processes or infinite cosmological expansion, it is particularly good. The Boltzmann framework statistically describes how cosmic structures sometimes form because thermodynamic equilibrium unexpectedly but necessarily changes.

Unlike some other multiverse ideas, which happen to use quantum branching or higher-dimensional manifolds, the Boltzmann model clearly and distinctly applies existing thermodynamic ideas to greatly extended cosmological sizes. This approach has advantages methodologically. Those items are provided by compatibility between established statistical mechanics and entropic reasoning. For instance, analytical frameworks are mathematically formalized via several phase-space calculations. They are also formalized via multiple partition functions.

The model's theoretical advantage is largely that it uses probabilistic fluctuations in a steady equilibrium, along with entropy gradients, to explain the arrow of time, instead of depending on particular initial conditions for temporal asymmetry.

A few of the basic principles offer direction to the Boltzmann multiverse:

1. The entirety of spacetime is in configurations of maximum entropy, while ordered structures are rare statistical deviations that pass quickly.
2. All possible setups of matter and energy have some chance of popping up on their own because of random changes. Still, detailed setups, such as people, are far less likely than simpler ones.
3. Observer-containing regions must exhibit locally decreasing entropy as temporary counter-entropic islands in the overall entropic universe to maintain certain metabolic processes and specific information processing.
4. As per the Minimum Fluctuation Principle, the prediction is that a majority of observers should be in uncomplicated locations capable of maintaining existence since, of all fluctuations able to form an ordered state, those requiring minimal change from equilibrium are statistically quite common.
5. Temporal Asymmetry: Fluctuations usually return to equilibrium states, which statistically causes entropy to expand in two temporal directions from the fluctuation minimum; from this expansion, the apparent arrow of time arises.

6. Irreversibility seems apparent only because of statistical things, though the most basic level shows that all physical processes can be reversed and are time-symmetric, with no fundamental dynamics to explain the difference.
7. Observer Selection Effects: Any predictions of observational frequencies must account for the anthropic constraint that only fluctuations capable of generating observers can be directly experienced.

THE THEORISTS BEHIND THEM

Ludwig Boltzmann's important statistical thermodynamics in the late 19th century mindfully considered smaller-scale fluctuations, instead of entire universes, thereby providing fluctuation-based cosmology its theoretical basis.

Arthur Eddington strongly believed that Boltzmann's statistical principles could broadly extend across many cosmological scales while also applying to ordinary dynamics.

Andreas Albrecht and Lorenzo Sorbo also made the mathematical formalism of thermal fluctuations at cosmological scales more precise through the creation of strict statistical mechanics techniques for handling universal emergence.

Sean Carroll looked into what thermal fluctuations mean for cosmological theories, importantly the Boltzmann brain issue and what it implies for physical law, building on Don Page's prior work on quantum fluctuations and observer moments, which created number-based systems to assess the quantity of Boltzmann brains versus regular observers.⁷

Alan Guth's inflationary cosmology addresses the initial conditions problem and is related to some parts of Boltzmann fluctuation theory. Lisa Randall did some investigating into connections linking brane cosmology along with Boltzmann statistics. A few areas of emphasis were multi-dimensional models in which entropy is transferred between branes.

This model attempts to address the Boltzmann brains problem. Personality features will vary from universe to universe for each person; for example, eye color will be different. Hypothetical observers occur as a result of certain quantum fluctuations in space. These fluctuations are rare.

Many are expected to greatly exceed the number of typical observers, who would come from hot big bang conditions. A completely random fluctuation causes a hypothetical Boltzmann brain to spontaneously come into being when true thermodynamic equilibrium fully exists. In simple terms, it is a brain with memories and sentience that instantly manifests in a particular space.⁹ Each bubble universe has a special set of physical laws. These laws are special to that universe. Each also has constants, and these may be different from our laws. The volume of each vacuum changes when bubbles expand and then collide. If a collision occurs, it may create a completely new universe and fundamentally change many physics laws.

By introducing a cutoff on a hypersurface of truly constant global time that the scale factor clearly defines, the Scale-Factor Cutoff Measure greatly tames the infinities in an eternally inflating multiverse.⁷ A comparison between the numbers of normal observers and Boltzmann brains is better because of this. Besides figuring it out, the model sees the ratio of Boltzmann brains to regular lookers as a limited one. It thoroughly defines conditions under which this ratio is fully acceptable. This carefully guarantees that normal observers are not dramatically outnumbered by a Boltzmann brain. The model also includes vacuum decay rates and Boltzmann brain nucleation rates to figure out a certain relative amount of those observers.

This actually involves a discussion of several necessary conditions to avoid Boltzmann brain domination; therefore, the rate of nucleation of a Boltzmann brain in a vacuum must be sufficiently lower than any decay rate for the vacuum. The theory thoroughly introduces a large landscape of vacua possessing diverse properties and decay rates. Different landscapes are examined in detail to gain better comprehension into transition rates and volume fractions. These factors do influence how many Boltzmann brains there are. These factors additionally affect many common observers.

Simone et al. clearly state the model describes precise conditions to prevent Boltzmann brain domination as well as guaranteeing the Boltzmann brain nucleation rate is extensively lower than the vacuum's decay rate, in addition to contemplating exactly what dominant vacua or dominant vacuum systems genuinely do. Infinite Boltzmann brains certainly form during eternal inflation. They are, in reality, truly infinite. A method to control the infinities must be accepted first.¹⁰ Useful comparisons can be made at that time alone. A recent discovery [5] indicates the uncertainty function $H(1, 2, \dots, n \text{ p p p})$ meeting the above conditions. $H(1, 2, \dots, n \text{ p p p}) = n \log_2 \frac{1}{p}$, where a and b represent truly arbitrary constants fulfilling the conditions: a must be greater than 0, and b must be greater than 1. As Alexandru¹ explicitly defines, the uncertainty function $H(1, 2, \dots, n \text{ p p p})$ completely represents the average theoretical value of information entropy. Visuals, and contextualizing them

[Figure 1: Schematic Representation of Boltzmann Fluctuations] The probabilistic distribution of entropy fluctuations throughout a thermodynamic landscape is shown in this diagram. The vertical axis shows entropy, and the horizontal axis shows a generalized coordinate in phase space. Rare fluctuations extending downward are caused by statistically improbable entropy reductions, and most of the distribution is in the predominant equilibrium state (maximum entropy). It is not likely that there are complex ordered structures,

as observable fluctuations comprise a small portion of all possible probabilities.

"Vacuum Decay Phase Diagram," or Figure 2, shows many details regarding the stability landscape of the several vacuum states inside the Boltzmann model. The x-axis shows vacuum energy density, and the y-axis shows decay rate. In the regions, color-coding distinctly indicates stable vacua (blue), metastable vacua capable of supporting observers (green), and particularly unstable vacuum states (red). Quantum tunneling pathways that exist between vacuum states are clearly shown by transition arrows, and transition probability is directly related to arrow thickness. This visualization contextualizes the dynamics of vacuum transitions, and these dynamics dictate observer distributions across the multiverse.

Observer Distribution Comparison, which is Figure 3, shows a logarithmic plot. The plot compares the number of conventional observers to Boltzmann brains using different model parameters. On the x-axis, the vacuum decay rate is clearly shown, and on the y-axis, the logarithmic ratio of conventional observers to Boltzmann brains is distinctly shown. The regions extensively populated by conventional observers, in addition to being widely dominated by Boltzmann fluctuations, are separated by the key threshold line (dashed). Multiple theoretical scenarios are plotted in colored regions, which show theoretical constraints and parameter sensitivities.

What is the relationship of the Boltzmann model to the multiverse theory?

The Boltzmann model occupies a distinctive position within multiverse theory by providing a thermodynamic mechanism for universe generation that complements quantum and inflationary approaches. Its primary relevance lies in addressing several fundamental theoretical challenges:

First, the model offers a solution to the fine-tuning problem through statistical sampling across all possible physical configurations, suggesting that observer-containing regions will necessarily exhibit apparent fine-tuning as a selection effect rather than a fundamental property requiring explanation.

Second, it provides a framework for understanding temporal asymmetry (the arrow of time) as emerging from statistical tendencies rather than fundamental physics, potentially resolving the apparent contradiction between time-symmetric fundamental laws and the observed temporal asymmetry in macroscopic processes.

Third, the Boltzmann model establishes important anthropic constraints on cosmological theories by quantifying the relative abundance of different observer types, particularly addressing the "Boltzmann brain problem" that challenges many inflationary multiverse scenarios through the prediction that random fluctuation observers should vastly outnumber evolutionary observers.

Furthermore, the model, in dealing with vacuum decay and transition probabilities, relates to quantum multiverse theories, offering another perspective on vacuum selection that may be combined with string theory landscape models. It presents many testable predictions regarding the statistical characteristics of cosmic microwave background radiation and the formation of large-scale structure. These predictions differ to a certain extent from those derived from inflation, perhaps providing observation-based ways to differentiate the several competing multiverse theories.

The Boltzmann approach additionally shapes philosophical thoughts on observer selection effects together with epistemological limits of cosmological inference, further establishing exact frameworks for anthropic reasoning while moving past observer counting to information-theoretic measures of observer complexity as well as perceptual accuracy.

The Boltzmann model is a key theoretical contrast to inflation-driven models in the wide-ranging multiverse context. It bravely tackles initial conditions and the final fate of expanding universes, possibly offering ways for cyclic cosmologies through fluctuation-caused rebirth of collapsed universes.

QUANTUM MULTIVERSE

While the Boltzmann model depends on Thermodynamics, This model depends on quantum physics, but the Boltzmann model depends on Thermodynamics. In contrast to the Boltzmann model, this specific model depends on one observer. The quantum multiverse theory strongly suggests that our universe represents only a single component within a larger collection of coexisting universes, each possessing original arrangements of matter, energy, and immutable physical laws. Many quantum mechanics interpretations propose such an idea. The Many-Worlds Interpretation (MWI) of Hugh Everett from 1957 is especially meaningful.

The quantum multiverse optimization algorithm uses a quantum depiction of the search space. It also joins several quantum interferences and operators into the multiverse optimization algorithm to find the objective function's optimal solution.⁹ One way to get a larger multiverse is to keep the same quantum state-space, quantum operators, operator algebra, and set of possible conscious views, but put different sets of awareness operators in different SQM universes.

However, to obtain a total measure for this entire multiverse, weighting the resulting measures for each individual universe would once again be similar to forming a completely new set of awareness operators, where each would be the precisely weighted sum of the corresponding awareness operators in all of the different universes. The quantum state-space can be seen as a certain group of quantum operators alongside their algebra, and the quantum state can be seen as a defined allocation of an expected value to each quantum operator.

To obtain measures for observations as conscious views, the bare quantum theory must be assigned a certain positive operator for each set of conscious views. This is necessary. 'Awareness operators' come from a positive-operator-valued set. When unions of separate sets of conscious views are made, the set follows the correct sum rules, so expectation values then have the properties of a measure on sets of conscious views. According to quantum mechanics, particles can exist in several states simultaneously before measurement. These particles can also exist in many states before that measurement. A special explanation for this phenomenon is provided by the many-worlds interpretation: each possible state exists completely in a special universe.

It also implies a degree of multi-dimensional existence, and the theory presented is greatly based on string theory. String theory, a possible quantum theory of gravity, is widely recognized and extensively studied, and it attempts a thorough unification of quantum mechanics and general relativity. The focus is the link between string theory, quantum mechanics, and gravity. These three things are linked. It points out the definite importance that target spaces have in understanding string theory's definite framework. It also stresses how different dimensions apply to theoretical models, along with the dimensions' effects. All in all, this connection allows exploration of the meaning of higher dimensions along with supersymmetry for really understanding nature⁸. Until measured to find its specific location, anything with very little mass, such as an electron, boson, or fermion, can exist in two places at once. In the Quantum Multiverse theory, superpositioning and supersymmetry both help scientists with calculations and fill theory gaps, which may allow the theory to be proven later. This could lead to an important project or a further breakthrough in Physics.

M THEORY

M-theory is theoretical physics work that unifies the five superstring theories and suggests that there are multiple higher dimensions past our observable universe. The possibility exists that our universe is a single bubble inside an enormous multiverse, which suggests different regions might develop into special universes possessing diverse physical laws.

This idea is supported by the dynamics of branes and extra dimensions, which might explain fine-tuning phenomena in our universe⁵. Supersymmetry suggests that each electron (fermion) has a matching "selectron" (boson) that has similar properties, except for spin. Superpositioning along with supersymmetry are therefore quite important in M-theory, as these aspects of string theory greatly help scientists with calculations as well as fill in gaps, with the large hope that the theory can be definitively proven in the future.

M-theory thoroughly achieves true theoretical synthesis, greatly exceeding the limitations of each individual string theory through a well-established eleven-dimensional supergravity framework. This approach to quantum gravity involves fundamental p-branes of diverse sizes interacting via dynamics in additional dimensions; these things are membranes or "branes." In addition to consistent quantization being permitted by the mathematical structure, it uses non-commutative geometry along with topological ideas, despite background independence issues; also, this approach does not use perturbation theory.

The theory's fundamental equation, even though not yet fully formulated, is regarded as unifying the five consistent string theories (Type I, Type IIA, Type IIB, SO(32) heterotic, and $E_8 \times E_8$ heterotic) through dualities, such as S-duality, T-duality, in addition to U-duality, revealing their equivalence under correct transformations. M-theory reduces to eleven-dimensional supergravity at greatly low energy. It also includes the means by which membranes move through Nambu-Goto-type actions inside further dimensions.

The theoretical framework takes in closed strings and open strings. The open strings end on D-branes that could stand for our observable universe inside the higher-dimensional bulk. This brane-world scenario provides a new approach to several hierarchy problems in particle physics by allowing gravity to propagate freely through many extra dimensions, yet still confining standard model interactions to the brane, therefore explaining the weakness of gravitational forces.

Even though M-theory mostly works in areas that experiments can't directly reach, its theoretical framework leads to multiple observable results. Future CMB observatories could detect a number of original signatures of brane collision scenarios in cosmic microwave background radiation, for example particular polarization patterns and definite non-Gaussian anomalies.

M-theory suggests that particle colliders could reveal additional dimensions using particular signatures:

Missing energy in collision events, indicating graviton emission into the bulk

Kaluza-Klein excitations of standard model particles appearing as massive resonances

Microscopic black hole production at energies approaching the true Planck scale (potentially much lower than the four-dimensional Planck scale)

Limits on compactification radii are given by precision tests at sub-millimeter scales of the gravitational inverse-square law, and cosmological observations limit some brane tension parameters. Quantum gravitational effects could also surface in gravitational wave observations by way of dispersion relations—relations that are modified as well as detectable in some signals from neutron star mergers or primordial gravitational waves.

The theory also proposes patterns in cosmic topology as well as the distribution of primordial elements; these could be investigated using large-scale structure surveys in addition to high-precision spectroscopic observations of the intergalactic medium.

M-theory, by way of its many possible vacuum configurations in its "landscape," may give a mathematically sound structure for multiverse cosmology. Around 10^{500} vacuum states, related to multiple compactification geometries and flux configurations, are indicated by the theory; each might show a universe with differing physical constants and interaction properties.

The landscape perspective addresses the fine-tuning problem by proposing physical constants favorable to life are a limited portion of possibilities, so observer selection effects account for our existence in a life-permitting area. This anthropic reasoning, while undoubtedly controversial, uncovers one mathematical foundation in one statistical distribution of vacuum states across the wide-ranging M-theory

landscape.

Membrane dynamics in M-theory also suggests the universe could have been created through brane collisions or quantum tunneling between vacua; brane interactions in the higher-dimensional bulk might explain cosmic inflation as well. It offers especially firm math models for a multiverse with causally separate areas showing clearly different physical traits.

M-theory thus provides a thorough theoretical framework for multiverse concepts, moving beyond purely philosophical considerations through its provision of precise mathematical structures and potential observational signatures that could, theoretically, give indirect evidence for a multiverse arrangement.

M-theory is a theoretical work in physics that unifies the five superstring theories and suggests the existence of higher dimensions beyond our observable universe. M-theory is the name for a unified version of string theory, or superstring theory, that was proposed in 1995 by physicist Edward Witten. It implies that our universe may be just one bubble in a vast multiverse, where different regions can evolve into separate universes with varying physical laws. The dynamics of branes and extra dimensions contribute to this idea, potentially explaining fine-tuning phenomena in our universe. (Hull 1-4)

This thorough review has examined the observational effects, mathematical structures, and theoretical underpinnings of M-theory, the Quantum Multiverse, and the Boltzmann model, which are three main multiverse theories. Based on solid physics, every model offers different ideas about what reality is like beyond our visible universe, but these ideas stretch that physics into areas questioning typical singularity and uniqueness concepts in universe modeling.

The Boltzmann model is based in thermodynamic principles and gives statistical mechanisms for universe generation. However, the model still faces difficulties regarding observer distributions and entropic considerations, even though it may resolve fine-tuning problems through fluctuation dynamics. The Quantum Multiverse comes from basic ideas about quantum mechanics and presents a decoherence-based way to view realities that are similar. It keeps math in line with quantum rules that are known, and it also raises deep questions about measurement and thought. M-theory offers an exceptionally advanced mathematical framework that unifies string theories through higher-dimensional dynamics and offers particularly specific routes for universe diversification by way of brane interactions and vacuum state transitions.

The M-theory faces strong opposition among physicists to be treated as a candidate toward the unification of general relativity and quantum field theory. The M-theory generates many universes, each with distinct sets of physical laws that can contribute to the Feynman sum. By allowing altogether eleven space-time dimensions and 10^{500} possible ways of obtaining observable three-dimensional spaces consistent with the positive cosmological constant and with the other dimensions curled to make them invisible in the usual spacetime, Feynman's approach considers a multitude of possible paths a particle could take between two points. In this case, there are 10^{500} , which is greater than 1, possible ways. So the M-theory also helps support this theory (Grygiel 26-35).

Future research directions must address several critical challenges. First, developing observational methods that can discover indirect signs of multiverse structures remains definitively most important, particularly through exceptionally precise cosmological measurements of cosmic microwave background anomalies, gravitational wave patterns, and the formation of considerably large-scale structures. Uniting these multiple frameworks into a single clear model introduces a particular opportunity for theoretical progress. That kind of model would feature many thermodynamic ideas. It would also feature quantum and higher-dimensional ones. Information-theoretic approaches must precisely refine philosophical questions, methodological questions on anthropic selection effects, and epistemological limits regarding cosmic inference.

Multiverse theories combine quantum field theory as well as general relativity, statistical mechanics, in addition to information theory, to carefully examine cosmic structure in a more unified along with fundamental manner that thoroughly extends past common academic restrictions. Multiverse models remain remarkably important in theoretical physics and also in cosmology. These models offer true explanatory power while additionally being theoretically coherent, even with the large difficulty of direct empirical verification.

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